



8 May 2020

NEWSLETTER

PRINCIPAL'S REPORT

A very warm welcome back to Term 2. We acknowledge that we are now operating in uncharted waters and thank all of our families for the fabulous support you have shown us as we all work together to stop the spread of COVID-19 and protect our community and country.

We will continue to send out the fortnightly Newsletter via Facebook, SkoolLoop, email (if you have provided us with your email address) and can be found on our Bellata Public School webpage. Between Newsletters, any important information will continue to be posted on Facebook, if you haven't already joined the page, I would encourage you to do so as it is the easiest platform to share information quickly.

I would like to start by welcoming Miss Bright to our teaching team. As we transition back to school on a fulltime basis, Miss Bright will transition into the role of fulltime teacher for the Year 3 – 6 students. Mrs Crosara will remain with us for her 3 days per week where her skills will be utilised in a new capacity. We are aware of keeping continuity for our students, so this transition will happen slowly, and for a period of time, students in the 3 – 6 class will be blessed with both Mrs Crosara and Miss Bright as they work together to ensure a continuity of student learning. My role will also shift from a classroom teacher role, 2 days a week, to assisting with teaching and learning 4 days per week. We are very excited about how this new line up looks and can't wait to have all the students back with us fulltime so we can kick things off.

The Premier and Minister for Education have announced a phased approach for students to return to school. The final phase will see students back at school 5 days, engaging in all facets of school life. This is a summary of the five phases which will bring us back to fully operational onsite teaching and learning.

- Phase 0: Current situation, schools remain open for children of essential workers
- Phase 1: Students are at school for at least ONE day per week.
- Phase 2: Students are at school at least TWO days per week.
- Phase 3: Students are at school FIVE days per week and continue social distancing
- Phase: 4 Students are at school FIVE days per week engaging in full school

TERM 2 CALENDAR

Monday 11 May

Wednesday 13 May

Monday 18 May

Wednesday 20 May

K- 1- 2 students learning at school

Tuesday 12 May

Thursday 14 May

Tuesday 19 May

Thursday 21 May

Year 3, 4, 5 & 6 students learning at school

TERM 3 CALENDAR

TBA

STAFF PROFESSIONAL LEARNING – TERM 2

Tuesday 28 April

Introduction to
Embedding Formative
Assessment

Wednesday 6 May

Introduction to
External Validation

Beginning Monday 11 May 2020 students of Bellata Public School will continue engaging in their learning as follows:

	Monday	Tuesday	Wednesday	Thursday	Friday
K – 2 class	At school learning	At home learning	At school learning	At home learning	At home learning
3 – 6 class	At home learning	At school learning	At home learning	At school learning	At home learning

Home Learning

I have been very impressed with how well students have been engaging in their learning over the past weeks. We currently have about half our students accessing the Google Classroom with everyone else utilising the hard copies within their learning package. Thank you, parents, for all the support and guidance you have offered your child/ren during this time. Your commitment and assistance have ensured the learning has continued seamlessly.

As students return to school there will be strict procedures that staff will be adhering to, to ensure we continue to keep everyone safe from COVID-19. Please familiarise yourself with these procedures and explain the need for these with your children before they come to school next week.

Illness

We understand this is hay fever, cold and flu season. Without exception, anyone showing signs of a respiratory illness and /or a temperature is asked to remain at home until the symptoms have passed. This applies to staff. Anyone displaying any signs throughout the day will be sent home.

Bus Services

Bus services will continue as usual. I have spoken with the bus drivers and can confirm that additional cleaning measures will be conducted before and after each trip. Once children arrive at school they will be temperature checked before entering school grounds by a staff member. Children who present to school unwell will be sent home.

Drop Off and Pick Ups

Staff are now parking further away from the school gate to allow parents to drop children off at school closer to the school's entrance. You are requested to remain in your car when dropping off and collecting children. A staff member will be waiting to greet the children at the gate and take their temperature. Please wait until a staff member has given you a thumbs up before leaving. We know drop offs and pick ups are often a great time for catching up with friends, however, during this time we request you **do not leave your car**. For afternoon pick ups, staff will safely bring your child out to you.

Learning Equipment

As you are aware, we have our learning packages developed for the term. While students are engaging in a combination of learning from home and school, these packages are vital to keeping us all moving forward. If your child is not at school, they will continue to access the content within the package as they have been. On the days they are learning from school they are required to bring the learning package for that week (only) and their Chromebook / laptop with them to school. We do not have any spare computers at school so please ensure they are sent in each time.

Water Bottles

Please, please, please, send in a water bottle for your child each day. Bubblers are not being used. We have filtered water available to fill up drink bottles through the day if required.

Attendance / Roll marking

Students should be engaging in their learning activities each day. If we have no evidence of this then children will be marked as absent from learning. Please continue to send in an email/text/picture/say "Hi" in the Google Classroom and upload any completed work so that we know you are engaged and on track. Thank you to the parents and students who have kept in constant contact with us. Remember we are easy to contact and ready to help.

School Visitors

If you need to make contact with anyone on site, please try doing so via phone, email or text message, and refrain from entering school grounds. Alternatively, please call ahead and a staff member will greet you at the gate.

School Canteen

Will continue to remain closed until the school enters into Phase 4 and is fully operational again.

K/1/2 NEWS

K/1/2 Monday & Wednesday from Week 3, Term 2

- * Each Monday return any work from previous weeks (you may have glued some work into your workbook).

Bring in each day -

- * your workbook (red book) to write in and your large scrap book.
- * 1 of your readers
- * Handwriting book
- * stationery (pencil, eraser, coloured pencils, scissors, glue stick)

Monday - From your Week 3 plastic sleeve

- * Your reading response worksheet for *Where is the Green Sheep?* or *Mutt Dog*
- * Math Subtraction worksheets (I will keep these till Wednesday so at home on Tuesday you only need to complete your Mathletics Assignment)
- * Any Science worksheets

Wednesday – From you Week 3 plastic sleeve

- * Math Subtraction worksheets (I should have them from Monday)
- * Any Health worksheets



3-6 NEWS

3/4/5/6 Tuesday & Thursday from Week 3 , Term 2

We are looking forward to seeing you next week for our lessons at school on Tuesday and Thursday. We will be going through the work that is set for week 3. So, can you bring the following things for your days at school:

- * Your stationery pack that includes the following: Pen/pencil, eraser, ruler, glue, scissors, coloured pencils
- * Week 3 work in the plastic sleeve
- * Week 1 and 2 work in the plastic sleeve to hand in
- * Your grey workbook
- * Your laptop
- * Your list of words from your brainstorm from Monday Week 3 (it will be posted on the Google Classroom on Sunday afternoon)
- * Packed lunch
- * Water bottle

Have a great weekend and see you next week.

Music news

Mrs McPherson would like me to thank everyone for their perseverance and efforts in music. She said you are doing an amazing job and thank you to your parents and grandparents for all of your help. It certainly is a work in progress. She looks forward to seeing you all soon when you join her at school or at her zoom sessions again.



Uniform News

For those families who require uniforms for their child/ren, please contact our Uniform Co-ordinator, Sharnah Gillogly. Sharnah would love to have a chat with you and assist you in this area. She can be contacted on her Mobile 04158 023521 during school hours. There is the opportunity to purchase new or 2nd hand uniforms. Now that we are coming into winter we would like to see all of our students in full winter uniform please. For our new families to the school, Sharnah will advise you of what is required for your child/ren to wear. Due to Covid19 restrictions, however, it would be preferred if you could arrange a time on a Friday to meet at the school if your child/ren needs to try uniforms on. This is when we have the least amount of people on site. We do request, that siblings are not brought with you if possible. Thank you for your patience and understanding.

Stay healthy



Clean your hands
with soap and water,
or hand sanitiser



Cover your mouth
and nose when you
sneeze or cough



Tell someone
if you're
feeling sick

How do you feel?



Sick



Worried



Happy



Sad

Want to talk to someone?

Kids Helpline 1800 55 1800
kidshelpline.com.au

Keep your distance



Please use hand sanitiser

It's important for kids to have healthy snacks through the day to help them meet their nutrition and energy needs.



It is also important for children to keep active and spend time away from screens. While your family has been at home, many activities for learning, fun and keeping in touch have been done using screens.

Attached to the newsletter from Good for Kids, Good for life is some ideas to assist with providing your children with healthy snacks and turning off those screens and being active.

For more ideas on healthy eating or being active look up the Good for kids Good life website.

HNELHD-GoodForKids@health.nsw.gov.au
<http://www.goodforkids.nsw.gov.au/>

Awards—Week 1

Principals Award -

Infants Award -

Primary Award -

Library Award -

Sport Award -

Awards—Week 2

Principals Award -

Infants Award –

Primary Award -

Library Award -

Sport Award -

Good for Kids good for life

KEEP CRUNCHING

Most NSW primary schools have incorporated *Crunch & Sip®* (often called Fruit Break) as a regular part of the school day.

Crunch & Sip® helps kids meet their recommended vegetable and fruit intake, as well as help introduce new vegetables and fruit.

The benefits of *Crunch & Sip®* can happen at home as well as at school. Keep kids eating healthy snacks of vegetables and fruit no matter the day.



Health
Hunter New England
Local Health District

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<http://www.goodforkids.nsw.gov.au/>

Good for Kids good for life

EASY HEALTHY LUNCH IDEAS

Learning from home can be a great time to try out some new lunch ideas. You could try:

- Chicken and vegetable rice paper rolls
- Pasta salad
- Zucchini slice
- Corn fritters
- Vegetable fried rice



Get the kids involved to help cook, or make these as part of dinner one night and portion out lunches for the week.

They are all easy to pack in the lunchbox too.

All recipes available at: <http://goodforkids.nsw.gov.au/primary-schools/swap-it/recipes/>



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MANAGING SCREEN TIME

While your family is at home, many activities for learning, fun and keeping in touch will be done using screens.

To keep active make sure you spend time away from screens every day. Try some of the ideas below:

TURN OFF SCREENS + get active!

Screens can be great for learning, play and communication. Too much screen time can be unhealthy. Try to sit less and move more.



This resource has been developed by Western Sydney Local Health District, published November 2018

Source: Western Sydney Local Health District, November 2018



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GET ACTIVE WITH SKIPPING

Grab your rope and have some fun!

Tips on skipping:

- Search for 'jump rope tricks' and learn some tricks.
- Master a skipping routine by putting the skipping ticks together; maybe to music.
- Set some skipping challenges e.g. who can skip for the longest time or do the most tricks.
- Involve the whole family in a routine.
- For inspiration, search 'Jump rope tricks' online or check out the 'teacher manual' at www.heartfoundation.org.au



For health benefits, children aged 5-12 years need at least 60 minutes of moderate to vigorous physical activity every day.

Variety is important!

Source: Northern Sydney Local Health District



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Good for Kids good for life

STAYING ACTIVE AT HOME

Children should be getting at least **60 minutes** of physical activity that makes them 'huff and puff' across the day.

Staying active as a family will support your physical and mental health.

Try doing some of these activities together each day:

Backyard sports

Walking

Dancing

Tag

Hula hoops

Gardening

FAMILY EXERCISES

Family boot camp

Skipping

Aerobics

Walk the dog

Hide and seek

Make a game from chores



Source: Office of Sport



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SNACK TIME!

It's important for kids to have healthy snacks through the day to help them meet their nutrition and energy needs.

Choose snacks based on vegetables, fruit, milk, cheese, yoghurt and wholegrain bread, crackers and cereals.

Quick and easy snack ideas:

- Cut up vegetables, fruit and cheese so they are easier to grab and eat for snacks during the week.
- Plain yoghurt and fruit.
- Make plain air-popped popcorn by adding $\frac{1}{4}$ cup popcorn kernels to a paper bag or container and microwave for 2 minutes. Lightly season with salt or spices.
- Add vegetables (fresh or frozen in to homemade snacks such as muffins, pikelets, scones and slices. Recipes available at: <http://goodforkids.nsw.gov.au/primary-schools/swap-it/>



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